



· COVENT GARDEN ·

AN IZAKAYA IS A CASUAL EATING AND DRINKING SPOT POPULAR ALL OVER JAPAN, LIKE A SPANISH TAPAS BAR OR A BRITISH PUB. AT FLESH & BUNS WE SHARE, FEAST AND DRINK SAKE.

SMALL PLATES

2-3 PER PERSON

EDAMAME 5.1

SEA SALT GF, VE **OR** CHILLI BBQ VE

CHIPS & DIPS 6.3

RICE CRACKERS, AVOCADO SHISO,
TOMATO SALSA DIPS GF, V

BEEF FAT POTATO CHIPS 6.2

HUANCAINA CHEESE SAUCE, TOMATO ROCOTO

CRISPY PONZU SPROUTS 6.8

ORANGE, POMEGRANATE, PONZU

KOREAN FRIED WINGS 9

SPICY SOUR SAUCE, SESAME

FRIED SQUID 11.5

YUZU KOSHO MAYO, JAPANESE SPICES,
RED CHILLI, LIME

SCALLOP YAKI 13.5

AMARILLO BUTTER, ASPARAGUS

CHICKEN YAKI 7.1

JAPANESE SPICES, SPRING ONION

TENDERSTEM BROCCOLI 7.2

ORANGE MISO, BUBU ARARE VE

CORN TEMPURA 7.2

SEA SALT, CITRUS DRESSING, CHIVES VE

ROCKET & AVOCADO SALAD 7.7

ASPARAGUS, TOMATO,
HONEY SOY DRESSING VE

STEAMED RICE 3.5 GF, VE

- RAW & SUSHI -

SASHIMI SET 28.5

SALMON, TUNA, YELLOWTAIL,
SEABASS GF

MAKI SET 31.5

SALMON AVOCADO, PRAWN TEMPURA,
SPICY TUNA

MIXED SET 36.7

CEVICHE, SALMON, TUNA, YELLOWTAIL,
SASHIMI, SALMON & AVOCADO MAKI

- SASHIMI -

SEARED TUNA 11

TRUFFLE OIL

YELLOWTAIL & GRANITA 14.4

LIME SOY, CHILLI CORIANDER GRANITA

SALMON SASHIMI [2PC] GF 7

TUNA SASHIMI [2PC] GF 7.5

YELLOWTAIL SASHIMI [2PC] GF 7.7

SEAFOOD CEVICHE 12.4

CITRUS DRESSING, CHILLI, CUCUMBER GF

- MAKI -

CALIFORNIA 12.8

CRAB MEAT, AVOCADO,
YUZU MAYO

SPICY TUNA 11.9

CHILLI MAYO,
DAIKON PICKLE, CHIVES

PRAWN TEMPURA 11.9

YUZU MAYO, AVOCADO

SALMON & AVOCADO 11.3

ASPARAGUS, DAIKON CRESS,
YUZU MAYO

AVOCADO MISO 8.2

ASPARAGUS, CARROT PICKLE,
BARLEY MISO VE

Our menu descriptions do not contain all ingredients. If you have a food intolerance or need information on allergens please ask.

All our chicken is halal. Please note that deep-fried items may be cooked in the same oil as other, non-vegetarian/non-halal ingredients.

A discretionary service charge of 12.5% will be added to all bills. Please note that due to a restriction in our lease, we are unable to provide any food or drink to take away.



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LARGE PLATES

FLESH & BUNS

CHOOSE 1 PER GUEST. ALL COME WITH 2 STEAMED BUNS, BUN SALAD AVAILABLE ON REQUEST

GRAIN-FED RIBEYE STEAK

BBQ SAUCE, RED ONION PICKLE,
SHIITAKE PICKLE

31

CRISPY DUCK LEG

PLUM SAUCE, BEETROOT PICKLE,
CUCUMBER PICKLE GF

24

1/2 SPATCHCOCK CHICKEN

SPICY CITRUS MISO MARINATED,
CARROT PICKLE

20.5

BBQ BEEF SHORT RIB

KOREAN DIPPING SAUCE,
RED ONION PICKLE, SHIITAKE PICKLE

32.5

CRISPY PIGLET BELLY

MUSTARD MISO, APPLE PICKLE,
CARROT PICKLE

21.6

MISO GRILLED AUBERGINE

SWEET MISO, SESAME,
CARROT PICKLE, CUCUMBER PICKLE V

16.1

LAMB SHANK

TERIYAKI & TOBANJAN MARINATED,
BLACKBERRY VINAIGRETTE, BEETROOT PICKLE

25

JAPANESE FRIED CHICKEN

BUTTERMILK MARINATED, RED CHILLI,
BBQ MAYONNAISE, CARROT PICKLE

20.5

PORTOBELLO MUSHROOMS

WASABI MAYO, DAIKON PICKLE GF, V

15.6

KIMCHEE TEMPURA SEABASS

PICKLED CELERY

20.8

SALMON TERIYAKI

LEMON, SEA SALT,
CUCUMBER PICKLE, DAIKON PICKLE

23.6

- POKÉ DON -

FRESH POKE DONBURI FUSION

SPICY PORK 14.7

SESAME PONZU, FRIED EGG, NORI, SESAME,
CRISPY NOODLES, AVOCADO SHISO, STEAMED RICE

CHICKEN TERIYAKI 14.7

TERIYAKI SAUCE, GRILLED BROCCOLI, GRILLED SPRING ONION, COCK
SCRATCHINGS, ONSEN EGG, SHICHIMI, STEAMED RICE

SPICY TUNA SASHIMI 15

CHILLI MAYO, TOMATO SALSA, CORN, EDAMAME, NORI,
PICKLES, CRISPY NOODLES, AVOCADO SHISO, SUSHI RICE

SALMON TERIYAKI 15.7

TERIYAKI SAUCE, AVOCADO SHISO, SPRING
ONION, CRISPY NOODLES, STEAMED RICE

CRISPY PIGLET BELLY 14.7

TOMATO SALSA, BBQ, CARROT PICKLE,
AVOCADO SHISO, NORI, STEAMED RICE

MISO GLAZED AUBERGINE 13.7

MAYO, CARROT PICKLE, CUCUMBER PICKLE,
MIZUNA SALAD, STEAMED RICE V

- HOT STONE RICE -

BEEF HOT STONE RICE 13.7

MUSHROOMS, SESAME BUTTER, CORN,
CARROT PICKLE, EGG

VEGGIE HOT STONE RICE 12.7

MUSHROOMS, SESAME BUTTER, CORN,
CARROT PICKLE, EGG V

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