

Nº.60  
**BALANS**

OLD COMPTON STREET

**ALL DAY BRUNCH**

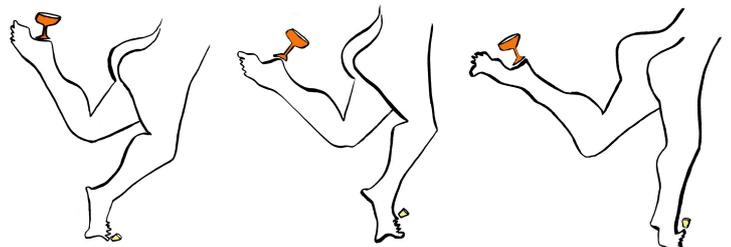
<b>Eggs Benedict / Florentine (v)</b> 13	<b>Breakfast burrito (v)</b> 15
Poached Woodlands Farm eggs with a choice of ham, bacon or spinach on an English muffin, with homemade Hollandaise sauce	Spicy scrambled Woodlands Farm eggs, halloumi, crispy Balans potatoes & spiced tomato in a tortilla wrap
<b>Eggs Royale</b> 15.5	<b>H. Forman smoked salmon, avocado &amp; scrambled egg</b> 17.5
Poached Woodlands Farm eggs with H. Forman smoked salmon on an English muffin, with homemade Hollandaise sauce	H. Forman smoked salmon with scrambled Woodlands Farm eggs, crushed avocado & toast
<b>Lobster Benedict</b> 21	<b>Cheese omelette (v)</b> 10
1/2 lobster, poached Woodlands Farm eggs, avocado & crispy bacon on an English muffin, with homemade Hollandaise sauce	Woodlands Farm egg omelette with mature English cheddar, fine herbs & crispy Balans potatoes
<b>Full English</b> 16.5	<b>Steak &amp; eggs</b> 21.5
2 Woodlands Farm eggs (your way), bacon, Cumberland sausage, field mushroom, beans, crispy Balans potatoes & toast	Bavette steak & 2 Woodlands Farm eggs (your way), with crispy Balans potatoes & chimichurri
<b>Eggs in hell (v)</b> 12	<b>Potato flatbread with avocado (ve)</b> 12
2 Woodlands Farm eggs poached, fiery tomato sauce, served with crispy Balans potatoes & Parmesan cheese	Charred flatbread, crushed avocado, dukkah, house salsa Fresca, hazelnut Romesco
<b>Two eggs any way (v)</b> 7.5	<b>French Toast (v)</b> 11
Poached, fried, scrambled or boiled Woodlands Farm eggs on toast (add crispy bacon +3, sausages for +5.5 or crushed avocado for +4.5)	Eggy brioche with pecans, caramelised banana & warm maple butter with a pinch of cinnamon
	<b>Proper porridge (v)</b> 9
	With milk & a squeeze of honey and seasonal fruit compote

**OUR FAMOUS PANCAKES**

<b>American pancakes (v)</b> 13	<b>Vegan pancakes (ve)</b> 13	<b>Fried chicken pancakes</b> 14.5
With warm maple butter and a choice of bacon, banana or crushed berries	With maple syrup and a choice of banana or crushed berries	With kimchi salad, oat fried chicken & spicy Korean honey

**ADD-ONS**

<b>Halloumi, chorizo, avocado</b>	4.5
<b>Bacon, mushroom, cheese, black pudding, baked beans</b>	3
<b>Two Cumberland sausages</b>	5.5
<b>Egg (your way)</b>	2.8
<b>Crispy Balans potatoes</b>	4.5
<b>Grilled chicken</b>	6
<b>H. Forman smoked salmon</b>	8
<b>Two pancakes &amp; fruit</b>	7.5
<b>2 slices of toast</b> <small>Free</small>	3.5
<small>(add jam or homemade marmalade for +1.5)</small>	



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(v) vegetarian (vg) vegan. Please inform your server if you have any food allergies

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**LUNCH**

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**SANDWICHES**

<b>The Balans burger</b>	<b>20.5</b>	<b>Korean vegan burger (ve)</b>	<b>19</b>
100% British chuck steak patty, Red Leicester, smoked bacon, lettuce, dill pickle, tomato & red onion marmalade, brioche bun with fries		Moving Mountains B12 patty dressed in Bulgogi sauce topped with crisp tempura spring onion with fries	
<b>BBQ pork doughnut</b>	<b>16</b>	<b>Falafel &amp; hummus wrap (ve)</b>	<b>16</b>
BBQ glazed shredded pork, crackling & pickled chillis with fries		Pickles, tomato and sweet chilli sauce with fries	

**SMALL PLATES**

<b>Manchego &amp; Serrano croquettes</b>	<b>10</b>	<b>Crisp beetroot taco (ve)</b>	<b>9</b>
Paprika aioli		Fragrant fried vegetables, shaved coconut & tamarind with a mango dressing	
<b>Truffle mac &amp; cheese (v)</b>	<b>10</b>	<b>Three cheese quesadilla (v)</b>	<b>8.5</b>
Parmesan crumb		Crispy tortilla with Mexicana, Monterey Jack and soft cheese, tomatillo & chipotle salsa, sour cream	
<b>Cauliflower risotto (ve)</b>	<b>12</b>	<b>Spiced calamari</b>	<b>12</b>
Caramelised cauliflower, parsnip & walnut pesto		With pickled sea vegetables & Korean spiced mayo	
<b>Truffle fried chicken</b>	<b>10</b>		
Crisp oat fried chicken bound in truffle honey			

**BIG PLATES**

<b>Squid ink linguine</b>	<b>18</b>	<b>Keralan Curry</b>	<b>19</b>
Preserved lemon, tomato, fennel & squid dressing, bottarga		Chicken, shrimp or vegetables (v), coconut, cashews, jasmine rice	
<b>Cobb salad</b>	<b>19</b>	<b>Chicken enchiladas</b>	<b>15</b>
Chicken, bacon, Cashel Blue cheese, avocado, roast tomatoes, Woodlands Farm egg, ranch dressing, crisp shallots		Black beans, Monterey Jack cheese, spiced tomato sauce in a grilled tortilla with melted Mexicana cheese & sour cream	
(without chicken and bacon 14.5)		<b>Fish &amp; chips</b>	<b>17.5</b>
<b>Rib-eye steak</b>	<b>35</b>	Haddock from the British Isles, hand-cut chips & mushy peas	
Smoked bone marrow butter, burnt onion and mushroom ketchup, hand-cut chips and truffle mac & cheese		<b>Corn fritters (ve)</b>	<b>14</b>
<b>Iberian Chicken</b>	<b>20</b>	Fragrant sweetcorn fritters, charred Kentish broccoli with a watercress salad & miso dressing	
Brined, roasted chicken with chorizo, chickpeas, spinach & a herb oil dressing			

**SIDES**

<b>Fried corn ribs with garlic &amp; rosemary salt</b>	<b>4.5</b>	<b>Fries or hand-cut chips</b>	<b>5</b>
<b>Hispi cabbage</b>	<b>4.5</b>	<b>Crispy Balans potatoes</b>	<b>4.5</b>
Parmesan (option to make vegan)		<b>Cornish mid potatoes with rosemary oil</b>	<b>4.5</b>
<b>Mixed leaf salad</b>	<b>3.5</b>	<b>Spinach</b>	<b>4.5</b>
Balans house dressing			

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